

The Terraces of Los Altos

a human good community

Sample Menus

DAY ONE

Soups & Salads

Cream of Mushroom Soup
Tangy Asian Broccoli Salad

Entrées

Tuscan Herb Cod
Ginger Citrus Grilled Chicken Breast

Sides

Green Beans Almondine

DAY TWO

Salad

Rigatoni Calabrese

Entrées

Chorizo Meatloaf
Cranberry Apple Walnut
Stuffed Pork Loin

Sides

Brussels Sprouts with
Onion & Mushrooms
Mexican Brown Rice

DAY THREE

Salad

Mixed Green Salad

Entrées

Herb Roasted Chicken Breast
Shepherd's Pie

Sides

Whipped Potatoes
Roasted Acorn Squash